

Adobe Illustrator Basics

Facilitator: Please RSVP to Ari Moore, ari@shirari.com, 607.821.0654
Date: Dec. 1, 6-8pm
Location: The House of Radical Geekery, 212 N. Plain St., 1st Floor (bottom buzzer)
Adobe Illustrator is software that can be used to create vector graphics - useful for logos, diagrams, & other visuals. It can even be used to paint & draw, & to design posters. We'll look at a variety of sample files, talk about graphics tablets & other ways to make the most of Illustrator's capabilities, & discuss the differences between Illustrator & its more well-known cousin, Photoshop. No experience necessary, though some familiarity with Apple computers may be useful.

Animals & Our Actions

Facilitator: Please RSVP to Ari Moore, ari@shirari.com, 607.821.0654
Date: Dec. 13, 6-8pm
Location: Cats Vs. Humans House, 212 N. Plain St., 1st Floor (bottom buzzer)
Come get a quick overview of the history of animal rights theory & action around the world. Learn the reasons why people go vegan, & get your questions about this lifestyle answered. This class will be a safe, non-judgmental space; we will explore many viewpoints & approaches, leaving you to draw your own conclusions. While we will discuss various forms of animal exploitation, we will not be viewing any photos or videos of violence against animals. (I can provide visual references & resource recommendations for those who want them.) There will be a dorky but illuminating Powerpoint presentation, & there will be vegan cookies.

Bad Romance Dance Academy

Facilitator: Mels therealitybusters@gmail.com
Date: Oct. 25th, Nov. 1st, 8th, 15th, 22nd, 29th. Dec. 6th, 13th: 7-9pm
Location: TBA (suggestions welcome!)
Learn the dance moves to popular music videos. Dance at your own level. This could be practice for f-mobs & radical musicals, or you know, just plain fun!
Requirements: Wear clothing you can comfortably dance in. Snazz it up if you feel like it!

Bikes, Birds, & Bullfrogs

Facilitator: Jeremy! jgg32@buffalo.edu
Dates: Oct. 2, Nov. 13. 9AM til...
Location: DeWitt Park monument
Exploring the ecology of the city of Ithaca, all by bicycle. This fall class will mostly consist of birding, but hopefully we can share knowledge of other autumnal finds.
Requirements: Bring along binoculars, but some extras may be available. Field guides will also be provided. And bring along a smile!

Burial Grounds of Tompkins

County: Preservation Basics Series
Facilitator: Historic Ithaca Kristen Olson kristen@historicitythaca.org, (607) 273-6633
Date: Oct. 16th 1pm-2pm
Location: 212 Center St., Ithaca NY
From family plots on the farmstead to landscaped gardens of the Victorian era, see examples of gravestone art through the centuries & learn about the resting places of famous (& infamous) locals. Advanced registration is appreciated but not required.

Community Cinema

Facilitator: Guerilla Griots Human Rights Media Arts Center
Date: 3rd Fri of each month 7pm
Location: Henry St. John Building 301 S. Geneva St. Suite 106
COMMUNITY CINEMA creates accessible opportunities for civic engagement & public education around important social issues with the help of the Independent Television Service (ITVS), community partners, & independent filmmakers like YOU! Oct: Deep Down. Nov: The Calling. Dec: For Once in My Life. To see movie descriptions visit <http://www.guerrilla-griots.org/communitycinema.html>

D.I.Y. Movie-Making IV - The Musical

Facilitator: Shira Golding, shiragolding@gmail.com, 607-821-0654
Dates: Ongoing
Location: Contact Shira
We're making an eco-musical & you can be a part of it! The makers of last year's enviro-zombie-thriller *Frac Attack* are working on a new project & there are tons of ways to get involved. Get in touch if you want to help in any way - singing, dancing, acting, music, editing, casting, make-up, choreography, food, costumes, publicity, producing...All skill levels welcome, no \$ or materials needed. Join the Facebook group to get updates: facebook.com/group.php?gid=99887877920

Free Food Preservation Workshops

Ongoing with IthaCan, check in at <http://www.ithacan.ning.com>, workshops posted throughout the season. IthaCan is a web-based social network where home food preservers in Tompkins County organize food preserving events and share information.

Genres in Literary Fiction Reading Group

Facilitator: Bob Proehl, bobproehl@gmail.com
Location: Buffalo St. Books 215 N. Cayuga St.
Date: 10/12, 11/9, 12/14 at 6pm
We'll be discussing four literary novels that utilize & explore the conventions of what are normally considered "genre fiction", including fantasy, science fiction, mystery & western. Each session will be self-contained; participants need not attend every session to participate in the discussion. The books being discussed are listed below & are available at Buffalo St. Books with a Reading Group discount. There will be snacks. 10/12 - *The Year of the Flood* by Margaret Atwood. 11/9 - *Alive in Necropolis* by Doug Dorst. 12/14 - *Blood Meridian* by Cormac McCarthy

Getting Found on Google

Facilitator: Please RSVP to Ari Moore, ari@shirari.com, 607.821.0654
Date: Dec. 7, 6-8pm
Location: The House of Radical Geekery, 212 N. Plain St., 1st Floor (bottom buzzer)
Have a website but no visitors? Join us for a discussion of how to improve Google search rankings, ethically & for free. We'll also take a look at Google Analytics, a free web stats program that can help you improve your website & build traffic at the same time. All skill levels welcome - if you know more than I do, please share your knowledge with us!

Hard Cheese-Making Workshop

Facilitator: Laura Woinoski, 607-229-5081, info@whitehawk.org
Date: Nov. 6th, 1pm
Location: White Hawk Ecovillage, 6 miles south of Ithaca on 96B
Part of our "Sustainability Series." Come participate in & observe a hard cheese-making workshop! You'll learn the techniques, tips, & procedures to make your own hard cheese at home. We'll start with fresh milk & end with a Farmhouse Cheddar cheese wheel. During break there will be a tour of the village for those interested.

Historical Mysteries Reading Group

Facilitator: Sue Perlug, Buffaloevents@hotmail.com
Date: 10/19, 11/16, 12/21 at 6pm
Location: Buffalo St. Books 215 N. Cayuga St.
This reading group will be discussing mystery novels set in particular historical eras. Each session will be self-contained; participants need not attend every session to participate in the discussion. The books being discussed are listed below & are available at Buffalo St. Books with a Reading Group discount. 10/19 - *Maisie Dobbs* by Jacqueline Winspear. 11/16 - *A Play of Isaac* by Margaret Frazer. 12/21 - TBA.

Homegrown Healthcare with Herbs

Facilitator: Anna mecklenburg.angel@gmail.com
Dates: Every other Sun, 10/3 - 11/14, 11:30AM-1:30PM
Location: RSVP for location
Join FLAME (Finger Lakes Action Medics & Educators) in building an educational-& useful--community herb garden plot. We'll be planting, weeding, & creating educational & decorative signs while closely observing & getting to know the many medicinal plant allies growing in our plot. We'll become familiar with the identification, harvesting, processing, & preservation of multiple medicinal plants so we can fortify the health & independence of our community. RSVP well ahead of time for location.

Learn How To Knit!

Facilitator: Laura Woinoski, 607-229-5081, info@whitehawk.org
Date: Dec. 4th, 3pm
Location: White Hawk Ecovillage, 6 miles south of Ithaca on 96B
Part of our "Sustainability Series." This is an entry-level class for learning the basics of knitting. We'll cover: needles, yarn, notions, how to cast on, knit stitch, purl stitch, & how to bind off. "Getting Started" kits available for \$3 per kit, but not necc. as we have plenty here for you to use while visiting. Please RSVP if you would like a "Getting Started" kit to take home afterward.

Literature of Constraint Reading Group

Facilitator: Stephen Frug, sef23@cornell.edu
Location: Buffalo St. Books 215 N. Cayuga St.
Date: 10/20, 11/17, 12/15 at 7pm
We will be discussing novels written with self-imposed constraints, such as Georges Perec's *A Void*, which entirely omits the letter E. Each session will be self-contained; participants need not attend every session to participate in the discussion. The books being discussed are listed below & are available at Buffalo St. Books with a Reading Group discount. There will be snacks. 10/20 - *A Void* by Georges Perec. 11/17 - *Alphabetical Africa* by Walter Abish. 12/15 - *Cigarettes* by Harry Mathews.

Memoir Reading Group

Facilitator: Laura Illiano, lilliano310@gmail.com
Location: Buffalo St. Books 215 N. Cayuga St.
Date: 10/14, 11/11, 12/9 at 6pm
This reading group will be discussing memoirs that deal with the prison system, spirituality, alcoholism & the loss of a loved one. Each session will be self-contained; participants need not attend every session to participate in the discussion. The books being discussed are listed below & are available at Buffalo St. Books with a Reading Group discount. 10/14 - *The Year of Magical Thinking* by Joan Didion. 11/11 - *Dreaming Me* by Jan Willis. 12/9 - *Lit* by Mary Karr

Moving Stories

Facilitator: Friede Rica Nashiluni@riseup.net, 218-310-6410
Date: Thur 11/4 12-2:30pm, Fri 11/19 5:30-7:30pm
Location: 207 First St.
Come play & learn an improv technique that uses body movement to inspire storytelling. Two workshops to start, more can be scheduled depending upon interest. RSVP Required, each session is limited to five participants.

Music Theory Camp 1

Facilitator: Melanie Daniels & Sean Rillera therealitybusters@gmail.com
Date: Oct. 10, 12, 14, 17, 19, & 21 6:30-8:30pm
Location: The Blue Canary 1012 N. Cayuga St.
Intensive 2 week course. Understanding tones & rhythms, written & aurally. Requirements: Please RSVP so that materials can be provided. No knowledge necessary.

Music Theory Camp 2

Facilitator: Melanie Daniels & Sean Rillera therealitybusters@gmail.com
Date: Nov. 7, 9, 11, 14, 16, & 18th 6:30-8:30pm

Location: The Blue Canary 1012 N. Cayuga St.
Intensive 2 week course. Continuation from MT1. The focus will turn to composing & performing. Requirements for students: RSVP. Some knowledge or Camp 1 completion.

Nonviolent Communication

Facilitator: Jaya Garafola rememberinfinity@gmail.com 607-339-7179
Date: Tues 11/9, 11/16, 11/23 7-9pm
Location: 107 E. Lewis St
In this workshop we'll practice building empathy and learning how true vulnerability (transparency) is a tremendous source of strength. We'll look at the main reason we communicate as sharing "what's alive in us". And we'll go over the 4 steps of NVC: observation, feelings, needs and requests.

Open Meditation

Facilitator: Jaya Garafola rememberinfinity@gmail.com 607-339-7179
Date: Every Wed 10/6 - 12/29, 7:30-8:30pm
Location: 107 East Lewis St
So you're radical? Explore radical non-dualism (the Oneness. The Silence. the Now.) Make sure to bring both awareness & love. Clarity & charity... and a Keep it Real mentality.

Phantom India - Film Screening & Discussion

Facilitator: Shira Golding, shiragolding@gmail.com, 607-821-0654
Date: Thur. 10/7 7-9pm & Wed, 10/13 7-9pm
Location: Cinema Shack, 212 N. Plain St. #1, If you're interested in documentary films or India, you need to see this 1969 film by Louis Malle. This is one of the movies that made me want to be a filmmaker. Malle is the quintessential unreliable narrator, simultaneously striving for objectivism while offering an unending stream of provocative commentary on India's cultural, political & religious complexities as well as a broader critique of globalism, capitalism & exploitation. The movie is over three hours long so we'll meet on two different nights for screening, snacks (vegan) & discussion. You will be able to enjoy the film even if you only come to one part.

Playing with Music

Facilitator: McKenzie, grasswriter@gmail.com, 717-903-4871
Date: Weds, 10/6 - 12/15, 11:30 am - 12:30 pm
Location: 713 N. Cayuga St.
Children, their caregivers, & all people interested in watching children learn about music are invited to participate in this casual musical group for kids of all ages. We'll sing songs, do some dances, maybe play some instruments, & discover ways that music can aid in learning & development. All participants are encouraged to share material & music. Requirements: Space is limited, so please RSVP.

Researching Your House History (Or Your Farm or Commercial Building)

Facilitator: Historic Ithaca Kristen Olson - kristen@historicitythaca.org, (607) 273-6633
Date: Dec. 18th 1pm-2pm
Location: 212 Center St., Ithaca NY
This course on researching historic architectural properties will provide you with the tools you need to assemble a complete history of your home, commercial structure, or farm building. You'll learn about the resources available in our in-store library & elsewhere, & how to use them. What stories does your building have to share? Advanced registration is appreciated but not required.

Rise UP Burn DOWN: a class of uncompromising resistance

Facilitator: Nettles info@silentcitydistro.org
Date: Sat. 10/2 7-8:30pm Avatar at 9pm (popcorn provided)
Location: Ghostcat Co-op, 514 N. Aurora St.
There is always resistance to empire. Empires are defeated, & empires fall. We will explore the narrative of resistance through people's history, pop culture, fantasy/science fiction, &

Ithaca Freeskool

Freeskool is a grassroots, not for profit, all volunteer community building initiative that creates spaces where people teach and attend classes with one another without cost. Primarily, but not exclusively geared towards adults, anyone can teach and anyone can attend. Freeskool fosters ties between people and provides access to skills and knowledge in an informal and empowering setting.

Questions, ideas, etc.? Email us: ithaca_freeskool@riseup.net

Anyone can teach! For information on how to become a teacher or for updates on current classes, guerilla workshops and events, check out our blog: ithacafreeskool.wordpress.com

Design: Marina Gershon

our own desires for a different world. Avatar? A creative imagination & unforgiving passion to resist empire. And bring blankets for outdoor movie watching!

School and Community Garden Network Series

Facilitator: Liz Falk, Cornell Cooperative Extension
Location: changes each month, visit www.ccetompkins/gardennetwork
Date: 3rd Tues of the month, 5:30-7pm
Oct 19: Ithaca College, Nov 16: Southside Community Center
The second annual Community & School Garden Network is for any Tompkins County resident using gardens as an educational tool when working in a community or school setting or somebody interested in this type of work. Garden types are not limited to vegetable, ornamental, container, butterfly, flowers or trees. No experience is required. You may take one class or the entire series. Requirements: RSVP to Liz erf59@cornell.edu

Story Time with a Twist

Facilitator: Elizabeth (Liza) Cobb, 571-275-2107, e-mail a_momcat@yahoo.com
Date: Wed, 10/6, 7pm (Dates/times for later meetings will be decided here)
Location: TBD
This is a class for those who love to read, love being read to, and love the meandering discussions that a good read can incite. The idea is still evolving, but I envision weekly two-hour get-togethers that kick off with 15-30 minutes of my reading aloud from the book we are working on, followed by free discussion/conversation. I could see starting off with one of two trilogies - either the first book of the Fourth Realm Trilogy by John Twelve Hawks, "The Traveler," set in a dystopian future with parallel universes somewhat mirroring Buddhist cosmology; or "The Golden Compass," book one of Philip Pullman's *His Dark Materials*. Requirements: Please RSVP for location of first meeting and to be notified of dates and times of future meetings. No materials needed if participants are wholly content to be read to; otherwise, a copy of the book to be read.

Rising Shining: The Power of Presence

Facilitator: Jaya Garafola rememberinfinity@gmail.com 607-339-7179
Date: Tues 12/7, 12/14, 12/21, 12/28 7-9pm
Location: 107 E. Lewis St
A workshop (playshop) including ice-breakers, eye contact exercises, sharing feelings, observing our bodies... & radical self-awareness. Affectionate awareness! Come to any or all sessions.

Sunflower Oil Workshop

Facilitator: Laura Woinoski, 607-229-5081, info@whitehawk.org
Date: Oct. 2nd or 3rd (please check website or call), 1pm
Location: White Hawk Ecovillage, 6 miles south of Ithaca on 96B
Come learn how to press your own sunflower oil! In sync with the Green Buildings Open House tour, we are kicking off our monthly "Sustainable Series" - educational workshops on the how-to's of sustainable living! Check www.whitehawk.org or call for date.

Tundra Basics: Igloo Workshop

Facilitator: Eugene Cain eug.Cain@gmail.com
Date: TBA (weather permitting)
Location: 13 Freese Rd. Varna, NY
Learn hands-on how to build an igloo. Requirements: RSVP. Warm clothes. An empty recycle bin. Warm clothes. Gloves. Gloves. Also, if you've got any ice picks or saws, bring 'em.

Urban Gardening Skillshare/Ideashare

Facilitator: Gail Blake, gail.dotsonblake@gmail.com, 607-342-8667
Date: Oct. 6, 13, 20, 5pm-7pm
Location: 212 Wood St., e-mail or call to confirm location for Oct. 13 & 20
Are you growing food in your yard, on your porch roof, on your driveway? Do you want to be? Now is the time to plan for next growing season! Come prepared to ask & answer questions about growing food in the city & creatively using space for gardening. Topics can include raised beds, container gardening, dealing with lead in soils, shade gardening, where to get materials, & others. In the first meeting we'll look at my garden while there is light. If you have a downtown garden we can visit in later meetings, speak up now! RSVPs with a little about your needs, interests, & experience are appreciated. Folks with all levels of gardening experience, including none, are welcome.

What Style Is It? Common Architectural Styles in Tompkins County

Facilitator: Historic Ithaca Kristen Olson - kristen@historicitythaca.org, (607) 273-6633
Date: Nov 20th 1pm-2pm
Location: 212 Center St., Ithaca NY
Learn to identify the most common architectural styles found in Tompkins County & see examples from the 1820s through the 1950s. Optional: bring a photo of your house, commercial building, or farm structure. A take-home identification guide is included. Advanced registration is appreciated but not required.

